

# SEX AND RELATIONSHIP EDUCATION POLICY

# **Guiding Principles**

#### Definition:

It is the lifelong learning about physical, moral and emotional development. It is about understanding the importance of marriage and family life, stable and loving relationships, respect, love and care. It is also about teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity - this would be inappropriate teaching (DfEE Guidance 0116/2000).

### AIMS:

We aim to develop in our pupils an understanding of the physical, biological, emotional, social, spiritual, legal and moral aspects of sex and sexuality. We teach SRE within the wider context of building self-esteem, emotional well-being, relationships and healthy lives beginning in the early years through to year 6. This prepares our pupils for the opportunities, responsibilities and experiences of adult life.

#### Attitudes and Values

- To learn the value of respect, love and care
- To learn to value and respect ourselves and others
- To develop and understanding and valuing of diversity
- · To promote a positive attitude to healthy lifestyle and keeping safe
- To develop an understanding of the value of family life and an appreciation of the many different types of family.

#### Personal and Social Skills

- To learn how to identify and manage emotions confidently and sensitively
- To develop self-respect and empathy for others
- To develop communication skills with peers, school and family
- · To learn how to assess risk and to develop strategies for keeping safe
- To develop the ability to give and secure help
- To develop an understanding of difference and an absence of prejudice.



# Knowledge and Understanding

- To recognise and name the main external parts of the body.
- · To know the basic rules for keeping themselves safe and healthy
- To know about human life processes such as conception, birth and puberty
- · To develop an understanding of the physical and emotional aspects of puberty
- To know who can provide help and support.

## MORAL AND VALUES FRAMEWORK:

**Highweek Primary School** Sex and Relationship Education (SRE) is underpinned by the ethos and values of our school and we uphold it as an entitlement for all our pupils. We recognise the need to work as a whole school community to ensure a shared understanding of SRE and the values under-pinning OUR school. We teach RSE within the following moral and values framework based on the following principles:

- respect for self
- respect for others
- responsibility for their own actions
- Responsibility for their family, friends, school and wider community.

#### Highweek Primary School will ensure:

- That the governing body of the school keeps an up to date SRE Policy that describes content and the organisation of RSE provided outside the national curriculum science order
- Parents/Carers have the right to withdraw their children from SRE lessons.



#### PARENTAL RIGHT TO WITHDRAW THEIR CHILD FROM SRE LESSONS

Parents have the right to withdraw their child from Sex and Relationship Education that takes place outside The National Curriculum for Science. Parents are informed with Sex and Relationship Education is to take place and are invited to attend a meeting where materials intended for use may be previewed.

Parents of pupils who are withdrawn from Sex and Relationship Education in school will be offered the materials to use at home with their child if they wish.

## **DEALING WITH QUESTIONS**

Both formal and informal SRE arising from pupils' questions are answered according to the age and maturity of the pupil concerned. Questions do not have to be answered directly, and can be addressed individually later. The school believes that individual teachers must use their skill and discretion in this area and refer to the Child Protection Coordinator if they are concerned.

## EQUAL OPPORTUNITIES STATEMENT

The school is committed to the provision of SRE to all of its pupils. Our programme aims to respond to the diversity of children's cultures, faiths and family backgrounds.

This policy is compliant with the Equality and Cohesion Policy. This Policy is based on best practice to ensure a consistent and effective approach. The Governing Body and the Headteacher (Chair of Governors) have a particular responsibility to ensure that the processes are managed fairly, equitably, objectively and must not discriminate either directly or indirectly on the grounds of a person's race, sex, gender reassignment, sexual orientation, marriage or civil partnership, disability, age, pregnancy and maternity or religion or belief.

#### CONFIDENTIALITY

Confidentiality in SRE lessons will be in accordance with the school's Confidentiality Policy. If there is concern that a child is at risk or in danger, the named child protection coordinator should be informed.



## **CONTENT**

SRE will normally be taught as part of our PSHE or Science lessons. It will be taught by class teachers and in the case of Year 6 there will also be input form the school Nurse. Resources used include SEAL materials and Health for Life and videos and Walking Tall.

#### MONITORING AND REVIEW

The PSHE coordinator will monitor coverage and the effectiveness of this policy within the framework of the school monitoring timetable.

Signed:......Chair of Committee

Date of review and adoption by Governing Body: 24th May 2016

Date for next review: May 2020